



Public Health  
England

Protecting and improving the nation's health

# **Annual Health Checks and people with learning disabilities**

## **Easy-read summary**

# Easy-read summary



People with learning disabilities have poorer health than other people.

They may find it hard to use health services.



People with learning disabilities may not know they have a health problem.



Having a health check every year can help find health problems, so people can be given the right help.



Health checks are for people with learning disabilities who are known to family doctors and social services.



The law says public services should put 'reasonable adjustments' in place to help people with learning disabilities use services.

This means they need to change their services so they are easier to use.



This guidance has information about helping people to have annual health checks.

There are resources that professionals and carers can use to help people with learning disabilities have good annual health checks.

The pictures in this report are from Photosymbols: [www.photosymbols.co.uk](http://www.photosymbols.co.uk)